

Questions to Ask Your Doctor About Fibroids and Your Treatment Options

General Questions About Fibroids

1. What causes fibroids?
2. How big are my fibroids?
3. How fast will they grow?
4. Will they keep me from getting pregnant?
5. I don't feel anything. How bad can they be?

Treatment Options for Fibroids

1. Will fibroids go away on their own?
2. Do I have to pursue treatment?
3. Are there any non-surgical treatment options for my situation?
4. Can I change my diet or take hormones to shrink them?
5. If we have to take out the uterus, what are my options?
6. What are the differences in post-op recovery?
7. What about a minimally invasive procedure? Is that a viable option for me?
8. Can I keep my ovaries? My cervix?
9. Are my fibroids too big for a minimally invasive procedure?

If you're not satisfied with the responses you receive, consider asking for a second opinion. You are an integral part of your healthcare team and you should feel comfortable with the selected treatment and surgeon.

Remember that while your primary care physician may not be familiar with the term "MIP," he or she should be familiar with the phrase "Minimally Invasive Procedure."



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